

# Celebrate Recovery

Celebrate Recovery was founded by John Baker of Saddleback Community Church, in Lake Forest, CA. It is a Christ-Centered recovery ministry based on the 12-steps of AA and 8 principles from the Beatitudes found in Matthew 5. Most people are familiar with Celebrate Recovery as a ministry to those who are addicted to something (i.e., alcohol, drugs, pornography, or co-dependency), but it really is more of an opportunity for spiritual and relational growth while overcoming old patterns of behavior and healing from hurtful life experiences. It is a safe place, as confidentiality and anonymity are basic requirements for participation in the program.

#### Recovery is another word for growth!

One of the mottos of CR is "Recovery is just another word for growth!" We look at our hurt, habit or hang-up as God's prompting us to get to know Him better and the twelve steps and eight principles are a proven and effective method of doing that. We know that there are a number of ways to grow in Christ, but we've found these principles helpful in our growth and want others to experience the same joy and peace that we have found in utilizing them to get to know our Lord.

Celebrate Recovery is an evening full of encouragement and biblical truth. It starts with a snack supper (hamburger, hot dog, drink and chips - all for \$3!) Then we move to Large Group, where you'll enjoy a time of worship, either a testimony of life change or a teaching on one of the principles. There is a time of celebration of growth through our Chips ceremony and a recitation of the principles so that we can remind ourselves of them and the scriptures that support them. After large group, we go to a small group that relates to our area of hurt, habit or hang-up and we discuss, from our perspective, how the teaching or testimony that we've just heard relates to our life.

The Freedom Cafe is open after small groups to offer a time of fellowship to participants and is a

place where you can find a "sponsor" (someone who has worked the steps in their own life) and can walk alongside you on the journey.

Step Studies are really where the major heart work is done. The step studies meet weekly and are opportunities to meet with a group of folks working the steps together. The curriculum studied in these groups promotes healing, forgiveness and repentance. This is a safe, confidential place to share, grow and heal. These groups usually last about 6 months to a year and require a commitment to your recovery and to the group. Stories of major life change emerge from these groups every time one is offered.



## **RELATED SCRIPTURE**

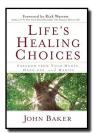
The Spirit of the Lord GOD is upon me, Because the LORD has anointed me To bring good news to the afflicted; He has sent me to bind up the brokenhearted, to proclaim liberty to captives and freedom to prisoners; to proclaim the favorable year of the LORD and the day of vengeance of our God; to comfort all who mourn, to grant those who mourn in Zion, giving them a garland instead of ashes, the oil of gladness instead of mourning, the mantle of praise instead of a spirit of fainting. So they will be called oaks of righteousness, the planting of the LORD, that He may be glorified (Isaiah 61:1-3).

Rejoice with those who rejoice, weep with those who weep (Romans 12:15).

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, who comforts us in all our affliction so that we will be able to comfort those who are in any affliction with the comfort with which we ourselves are comforted by God. For just as the sufferings of Christ are ours in abundance, so also our comfort is abundant through Christ (2 Corinthians 1:3-5).



### **RELATED RESOURCES**

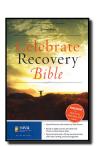


#### Life's Healing Choices

John Baker
ISBN 978-1416543954
We've all been hurt by other people,
we've hurt ourselves, and we've hurt
others. And as a result, every single one
of us ends up with some sort of hurt,
hang-up, or habit. But the question we
all face is, Where do we go from here?

Life's Healing Choices offers freedom from our hurts, hang-ups, and habits through eight healing choices that promise true happiness and life transformation. Using the Beatitudes of Jesus as a foundation, Senior Pastor Rick Warren of Saddleback Church and John Baker, who is also a pastor at Saddleback, developed the eight choices shared in this book.

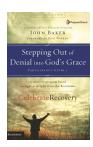
In addition to practical, encouraging biblical teaching, each chapter includes two real-life stories of men and women whose lives have been transformed by living out the eight choices in this book. Through making each of these choices, you too will find God's pathway to wholeness, growth, spiritual maturity, happiness, and healing. You'll find real answers, real hope, and a real future -- one healing choice at a time.



#### Celebrate Recovery Bible

ISBN 978-0310938101 If you long to break free

If you long to break free from hurts, habits, and hang-ups, the *Celebrate Recovery Bible* is a powerful, positive ally. Offering hope, encouragement, and the power to live a victorious life through a personal relationship with Jesus Christ, it will aid your goals of living in freedom. This insightful Bible is based on eight principles in Jesus' Sermon on the Mount and the twelve steps of Purpose Driven's proven Celebrate Recovery® program. Begin your path to healing with the *Celebrate Recovery Bible*.



# Celebrate Recovery Participant Guides

Rick Warren & John Baker ISBN 978-0310268345
Celebrate Recovery®, is a Purpose-Driven and balanced program that can help you overcome your hurts, habits, and hang-ups. Based on the Beatitudes from Jesus' Sermon on the Mount, it is the first ever recovery curriculum that's distinctly Christian, uncompromisingly biblical and designed especially for churches. Stepping Out of Denial into God's Grace is participant's guide #1 and covers lessons 1-6 of the Celebrate Recovery program. A total of four guides are available.

#### Celebrate Recovery at Long Hollow

You can find more information about Celebrate Recovery at longhollow.com/celebraterecovery.

#### **Hendersonville Campus**

Mondays at 6:30 pm in the Chapel.

#### **Gallatin Campus**

Thursdays at 7:00 pm in the worship center.

Men's and Women's step studies meet on the Gallatin and Hendersonville Campus. New groups start often and days of the week vary.

If you have an immediate need, contact Long Hollow's Counseling Ministry at (615) 824-4006.